

## Life on board Constantia

We steer and navigate and set sails together!

We anchor and go ashore to visit the places we pass.

We spend time and gather on deck, in particular on fine days. Below deck are the saloon, the galley (kitchen), and much more.



The passengers live in the big saloon (the former cargo hold), while the crew lives in the captain's cabin in the stern. It houses all the equipment for navigation, the compass, the GPS, the radar, the VHF-radio, and so on. You are of course welcome to have a look! Some of the navigation devices are brought to the bridge when the ship is on its way.

### **The crew**

On board is always a key crew, who is in charge of sailing the ship, and the crew shows and instructs the passengers. The key crew members are, the captain, officer and 2-4 deckhands/instructors.

### **The galley (kitchen)**

The galley in Constantia is well equipped with different kitchen tools, a gasoline stove with four burners and a big oven, a refrigerator box (but no freezer), cold freshwater (foot pump), sea/lake water (hand pump), the freshwater is for drinking, the lake water is not, and there are glasses and cups and other tableware for all passengers and crew members.



**Cooking and meals**

On our journeys that are part of our program, the passengers help out with the cooking as well as the sailing of the ship. Constantia decide the menu and provide the food needed. Groups that hire the ship need to discuss the arrangements for the food and the cooking.



## **The saloon**

The saloon is the common living area, with a big table for meals, for meetings or education, for games or other activities. The table is big enough for everyone to sit round. On the journeys that are part of our program, when people come from different places, everyone gets to know everyone else.

## **Berths (beds)**

In the berth, there is a thick mattress and a pillow. Bring your own sleeping bag or blanket, and a pillowcase and perhaps sheets. There are curtains to give you privacy and there are drawers for storage. There is no electrical light in the berth, so you might want to bring your own headlamp or torch.

## **Personal hygiene facilities**

When we go sailing in Constantia's home waters, the Stockholm archipelago or the lake Mälaren, there are plenty of possibilities to go swimming or bathing, as we anchor in protected natural harbours. And this is true for the rest of Sweden as well. Sometimes we anchor on an island with a wood burning sauna. Showers are provided in many harbours. On board, there are no showers since the supply of freshwater is limited; there are two separate toilets with wash basins.

## **Electricity and lighting**

Constantia has a 24 volt electrical system that supplies power to the lighting in the galley and machine room, the refrigerator box, and some other things, but the supply is very limited. The lights should always be turned off when no one is in the galley. Several harbours provide electricity to the ships (230 volt, as at home), and now you get the opportunity to charge your phone, computer, mp3-player and the like.

The most common sources of light during the evenings are the oil lamps and candle lights. A headlamp or torch is useful if you want to read, or if you go ashore when it is dark. If we get cold, which is unlikely with all lights and all people, there is a gasoline heater that quickly warms the saloon.

## **Safety**

Safety is very important on board *Constantia*. She is maintained in accordance with standards for passenger ships issued by the Swedish Transport Agency, Civil Aviation

and Maritime Department, and they survey the ship annually. Regular maintenance ensure that all the equipment and the ship's specifications adhere to the legal requirements. Inflatable life rafts for twice the number of people onboard, life vests, and on all offshore cruises, survival suits, are mandatory.

